

Download or print a Soluna flyer

Specs: 8.5in x 11in with .125in bleed

How do I share these graphics?

Print and post on bulletin boards in classrooms, hallways, the front office, and the counseling center so students can learn about Soluna. Share digitally as needed

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Download or print a Soluna quick card

Specs: 3.5in x 2in with .125in bleed

How do I share these graphics?

Hand out at events, tuck into welcome packets, or leave in the counseling center, nurse's office, library,, or other resource areas so students can quickly learn about Soluna.

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A portable partner.
A hand-held helper.
A mobile motivator.
A coach you can carry.

Soluna offers **free mental wellness support** for New Jersey teens, right from your phone. Build healthy habits, calm the chaos, and find your peace — at your own pace.



Funded by the State of New Jersey
solunaapp.com/newjersey

Download or print a Soluna family postcard

Specs: 5.5in x 8.5in with .125in bleed

How do I share these graphics?

Place in the main office or hand out at parent events. Caregivers can keep one side and give the other to their child to help both learn about Soluna.

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Hey, you? You're pretty great, but everybody needs a boost sometimes. Soluna is here to help you define the choice. Unwind, make sense of your thoughts, set goals, and find your peace — all in one place. Visit solunaapp.com/newjersey or scan the code to download Soluna now.



Every teen needs a space to build healthy habits, set goals, and get support to navigate life's challenges. Soluna is here to help.

Soluna offers free, confidential 1:1 support and self-guided mental health tools for teens in New Jersey.

Visit solunaapp.com/newjersey or scan the code to download Soluna now.