

Download or print a Soluna flyer

Specs: 8.5in x 11in with .125in bleed

How do I share these graphics?

Print and post on bulletin boards in classrooms, hallways, the front office, and the counseling center so students can learn about Soluna.

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WHAT'S THE BEST THAT COULD HAPPEN?

Don't just live your life. Love your life.

If you need help finding calm in the chaos, you're not alone. Everyone can use guidance, tools, or 1:1 support* to find their peace. Soluna can help.

*1:1 support is available at no cost for all Californians ages 13-25, in 17 languages. Funded by the CA Department of Health Care Services.

Scan the code or visit solunaapp.com to get started with free, confidential mental wellness support.

soluna
a CalHOPE Program

Download on the App Store | GET IT ON Google Play

Download or print a Soluna bookmark

Specs: 2in x 6in with .125in bleed

How do I share these graphics?

Leave in the library, counseling center, or other resource areas so students can quickly learn about Soluna.

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You don't
have to
rush
through
this book,
and you
don't
have to
do life
that way,
either.

Free, state-funded
mental wellness
support, right from
your phone. Here when
you need a minute.

Scan the code
to get started.



 soluna

Download or print a Soluna door hanger

Specs: 3.5in x 8.5in with .125in bleed

[How do I share these graphics?](#)

Place in residence halls.

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